

**Katie Busse:** CAC Assistant Coach T -1 and T-2 Groups

Katie competed at Division I University of Evansville where she earned a Bachelor of Science degree in Elementary Education. She swam all 4 years for the Evansville Purple Aces and earned MVC Scholar Athlete award three years. Katie is very knowledgeable in the areas of stroke mechanics, training, dryland activities, and injury prevention. She is eager to be a part of our team and grow as a coach. Katie grew up in Cincinnati and swam for Lakota West High School where she was Team Captain and earned the Most Valuable Swimmer Award, as well as the Spirit Award for two years in a row. She also swam at the Blue Ash YMCA and competed at the Long and Short Course YMCA National Championships.

Katie was the Assistant Swim Coach with the University of Evansville for the 2007-2008 Season. Under the guidance of Head Coach Rickey Perkins, she was responsible for daily coaching activities of NCAA Division I athletes. Her duties included: stroke instruction, practice implementation, creating dryland workouts, overseeing weight lifting workouts, recruiting, meet set-up and entries, organizing travel arrangements, and communicating with athletic trainers and professors. Katie has also been the Assistant Swim Coach at Windwood Swim and Tennis Club in West Chester during the 2004-2008 summer seasons.

Katie will be a great addition to our T-1 and T-2 groups' coaching staff. Please introduce your self and welcome Katie to the CAC swimming family when you see her on deck. Welcome aboard, Coach Katie.

**David Plummer:** CAC Assistant Coach Sr./National Groups

David comes to us having graduated with a Bachelor of Arts degree in English Literature from the University of Minnesota.

David had a much-decorated swimming career at Minnesota. He swam for long time Minnesota Coach Dennis Dale, who is very highly regarded nationally. Some of the accomplishments from David's career include being a full 4-year scholarship recipient, a 4-year letter winner, Senior Captain, and helped lead his team to the *Big Ten Conference Championship in 2005 and 2007.* He was a 14-time NCAA All American and 8 time individual finalist at the NCAA Championships.

As a member of USA swimming, David competed in the 2007 World University Games in Bangkok, Thailand and the 2006 Pan Pacific Championships in Victoria, British Columbia. He was a 2004 Semi-Finalist at Olympic Trials-Long Beach and was top 8 in both the 100 and 200 Back events at the 2008 Olympic Trials in Omaha.

David's experience as a coach includes working the last three years with the swim camps at the University of Minnesota as Swim Coach and Camp Counselor. David also worked with the local USA age group team Edina Swim Club in the summer of 2007.

Please introduce yourself and welcome David to the CAC swimming family when you see him on deck. Welcome aboard, Coach David.